

CW Resources Senior Community Café



1% or Skim milk provided
Margarine available
Suggested Donation \$3

February, 2019

Must Call
203-312-5665
by Thursday AM
of prior week
for a Reservation

MENU ITEMS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Vegetable Soup Unsalted Crackers White Fish Stew Harvest Rice Chuck Wagon Veggies</p>  <p>Pumpnickel Bread Birthday Cake</p>
<p>4</p> <p>Shepherds Pie Mixed Vegetables</p> <p>Dinner Roll</p> <p>Peaches</p>	<p>5</p> <p>Chicken Fajita with Peppers and Onions Rice with Black Beans Fiesta Corn</p> <p>Fajita Day</p> <p>Tortilla</p> <p>Apple</p>	<p>6</p> <p>Cream of Broccoli Soup Unsalted Crackers Salmon Boat with Dill Sauce Buttered, Parslied Noodles Broccoli</p> <p>Rye Bread</p> <p>Banana</p>	<p>7</p> <p>Grape Juice Roast Beef Beef Gravy Oven Roasted Potatoes Spinach</p> <p>12 Grain Bread</p> <p>Lemon Pudding</p>	<p>8</p> <p>Apple Juice BBQ Pork Chop Stuffing Carrots</p> <p>Oatmeal Bread</p> <p>Ice Cream Cup</p>
<p>11</p> <p>Sweet & Sour Meatballs Sesame Noodles Oriental Blend Veggies</p> <p>100% Whole Wheat</p> <p>Peaches</p>	<p>12</p> <p>Cranberry Juice Roast Pork Apples and Sauerkraut Harvest Rice Beets</p> <p>Rye Bread</p> <p>Peanut Butter Cookies</p>	<p>13</p> <p>Orange Juice Spaghetti with Meat Sauce Parmesan Cheese Romaine Salad Ranch Dressing</p> <p>Garlic Bread</p> <p>Pears</p>	<p>Valentine's Special 14</p> <p>Chicken Cordon Bleu Sweet Potatoes Buttered Peas</p>  <p>Dinner Roll</p> <p>Valentine Treat</p>	<p>Special Dessert 15</p> <p>Cranberry Juice Chicken Cacciatore Brown Rice Italian Blend Vegetables</p>  <p>Italian Bread</p> <p>Apple Pie</p>
<p>18</p> 	<p>19</p> <p>Cranberry Juice Pier 17 Fish Waffle Fries Cole Slaw Tartar Sauce</p> <p>Multigrain Bread</p> <p>Brownie</p>	<p>20</p> <p>Italian Wedding Soup Unsalted Crackers Chicken Bruschetta Brown Rice Geneva Blend Veggies</p> <p>100% W.W. Bread</p> <p>Peaches</p>	<p>21</p> <p>Meatloaf Onion Gravy Buttered Noodles Broccoli</p> <p>Rye Bread</p> <p>Pineapple Chunks</p>	<p>22</p> <p>Orange Juice Turkey Pot Pie Diced Potatoes Garden Salad French Dressing*</p> <p>Biscuit</p> <p>Oatmeal Raisin Cookies</p>
<p>25</p> <p>Cranberry Juice Aloha Chicken with Pineapple Sauce Fried Rice Broccoli</p> <p>Oatmeal Bread</p> <p>Tapioca Pudding</p>	<p>26</p> <p>Butternut Squash Soup Unsalted Crackers Philly Cheesesteak Onions and Peppers Tater Tots</p> <p>Sub Roll</p> <p>Fresh Orange</p>	<p>27</p> <p>Apple Juice Roast Pork Sweet Potatoes Creamy Spinach</p> <p>100% Whole Wheat Oatmeal Raisin Crème Pie</p>	<p>28</p> <p>Grape Juice Open Faced Turkey Sandwich with LS Turkey Gravy Mashed Potato Carrots Potato Bread</p> <p>Fruit Cup</p>	