

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# February 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<p>9:30 Zumba\$            10:45 Bodies In Motion            11:00 Sing Along            1:00 Tech Help by Appt.            1:30 Zoom Wheel of Fortune            7:00 The Doctor Is In w/ Dr. Marici</p>	<p>9:30 Walkers – Holy Trinity Church            10:30 Zoom Stitch by Stitch Quilting,            10:30 Tai Chi\$,            1:00 Zoom Gentle Yoga\$,            1:00 Soul of America            1:30 Zoom Investment</p>	<p>9:30 Zumba\$            10:45 Bodies in Motion            11:00 Bronx Club Meeting            1:00 Sittercise            1:00 Zoom Name That Tune            1:00 Tech Help by Appt.</p>	<p>10:00 Artist Workshop            10:45 Bodies In Motion,            11:00 Music and Monarchs</p>	<p>10:00 Garden Club Meeting            10:00 Zoom Moderate Yoga\$,            10:00 Zoom Meditation            11:00 Body Strengthening</p>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p>9:30 Zumba\$            10:45 Bodies In Motion            11:00 Sing Along            12:00 The Sandwich Generation            1:00 Tech Help by Appt.            1:30 Zoom Wheel of Fortune            2:00 Genealogy</p>	<p>10:30 Zoom Stitch by Stitch            Quilting,            10:30 Zoom Walking Club Meeting            10:30 Tai Chi\$,            1:00 Zoom Gentle Yoga\$,            1:30 Zoom Investment            2:00 The Health Benefits of</p>	<p>9:30 Zumba\$            10:00 Khris Hall Listening Session            10:00 History: USS CT Constitution State Battleship            10:45 Bodies in Motion            1:00 Sittercise            1:00 Zoom Name That Tune            1:00 Tech Help by Appt.            2:00 A Musical Valentine</p>	<p>10:00 COA Listening Session            10:00 Joint Replacement            10:00 Artist Workshop            10:45 Bodies In Motion,            11:00 Music and Monarchs</p>	<p>10:00 Zoom Moderate Yoga\$,            10-12 Judge Landgrebe (call for phone appt.)            10:00 Zoom Meditation            11:00 Body Strengthening</p>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<p>President's Day            Senior Center            Closed</p>	<p>10:30 Tai Chi\$,            10:30 Zoom Stitch by Stitch Quilting,            1:00 Zoom Gentle Yoga\$,            1:00 Art Chat            1:30 Zoom Investment</p>	<p>9:30 Zumba\$            10:45 Bodies in Motion            1:00 Sittercise            1:00 Zoom Name That Tune            1:00 Tech Help by Appt.            1:00 Stories from the Attic:            Romance and Valentines</p>	<p>10:00 Artist Workshop            10:45 Bodies In Motion,            7:00 Exploring the Importance of Pollinator Pathways</p>	<p>10:00 Zoom Moderate Yoga\$,            10:00 Zoom Meditation            11:00 Body Strengthening</p>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p>9:30 Zumba\$            10:45 Bodies In Motion            1:00 Tech Help by Appt.            1:30 Zoom Wheel of Fortune</p>	<p>10:30 Zoom Stitch by Stitch Quilting,            10:30 Tai Chi\$,            1:00 Zoom Gentle Yoga\$            1:30 Zoom Investment            2:00 Kathy's Zoom Discussion Group</p>	<p>9:30 Zumba\$            10:00 Khris Hall Listening Session            10:00 History: Harriet Tubman            10:45 Bodies in Motion            1:00 Sittercise            1:00 Zoom Name That Tune            1:00 Tech Help by Appt.</p>	<p>10:00 Artist Workshop            10:45 Bodies in Motion            11:00 Women's Book Club</p>	<p>10:00 Zoom Moderate Yoga\$,            10:00 Zoom Meditation            11:00 Body Strengthening            1:00 Unlock Ancient Stories with DNA</p>
<p>Valentine Card Making Kits Available            Call 203-312-5665            To Arrange Pick up</p> 				<p>\$ indicates fee and pre-registration required            * indicates pre-registration required</p>

